A counseling centre has been set up in the University Health Centre to help the students and the university patients to deal with the stress management problems, anxiety disorders, depression and mood problems, exam phobia, work related and life related problems, low self esteem, social anxiety and other psychiatric/neurological problems (including use of drugs among young students). In order to provide the appropriate treatment and counseling, Medical Specialist Dr. J.P.S Bhatia (M.D Psychiatry) and his team of professionals shall be available in the University Health Centre thrice a week (i.e. Monday, Tuesday and Thursday) between 4:00 p.m to 6:00 p.m.

Note: In case, there happens to be any gazetted/declared holiday during these days, there will be no visit of the Medical Specialist.

(Dr. Sunil Kumar Gupta)
Incharge, Health Centre