

**MYAS DEPARTMENT OFFERING
PSYCHOLOGICAL AND NUTRITIONAL
COUNSELLING FOR SPORTS PERSONS/
COMMUNITY FROM 1 ST OCT,2018**

FOLLOWING SERVICES ARE

PSYCHOLOGICAL SERVICES	NUTRITIONAL SERVICES
PSYCHOLOGICAL ASSESSMENT AND INTERVENTIONS	DIET CONSULTATION/NUTRITIONAL COUNSELING
BIOFEEDBACK TRAINING FOR RELAXATION	DIABETIC AND CARDIAC DIETS
EYE TRACKING FOR ATTENTIONAL FOCUS	WEIGHT LOSS MANAGEMENT
VIENNA TEST SYSTEM FOR VISUAL MOTOR SKILLS	
PSYCHOTHERAPIES FOR INJURED SPORTS PERSONS	

FOR PSYCHOLOGICAL CONSULTATION

CONTACT:

DR. SONIA KAPUR

ASSISTANT PROFESSOR

**MYAS – GNDU DEPARTMENT OF SPORTS
SCIENCE AND MEDICINE**

CONTACT NO: **8557839794**

FOR NUTRITIONAL CONSULTATION

CONTACT:

RAVNEET SANDHU

ASSISTANT PROFESSOR

**MYAS – GNDU DEPARTMENT OF SPORTS
SCIENCE AND MEDICINE**

CONTACT NO: **9781624266**